



# **Zonal Championships**

## **11 Feb 2017**

### **Swimmer Profile**

## **JACOB GARROD**

**Club:** North Shore

**Best Stroke:** Breaststroke

**Age:** 20

**Coach:** Thomas Ansorg

**Greatest achievement/s in swimming:**

2014 Youth Olympic Games.  
Gold – Oceania's 2016 100 Breast.

**Major goals for the next 2 years?**

World Uni Games, Comm Games 2018

**If you could play another sport what would it be?**

American Football

**Who or what inspires you and why?**

The Olympic Games. Seeing the competition and what people can do.